COLLEGE PLAYBOOK

WHICITA STATE  ASST MARTY GROSS

COMPILED BY: JOHN HARMATUK
14 Option (Jody)

“14 Option-Jody”
Second number initiates at foul line.
(12 Option, 13 Option, 14 Option, etc.)
Stack Set
2 and 5 set up in the stack on the right block.
3 sets up on the left block.
4 sets up at the free throw line (14 Option).
I makes play look like 14 Jacksonville.
4 sets decoy screen for 3.
3 L-cuts to wing.
2 works flat lead to right corner.
1-3 wing entry.
Note:
3 needs to catch ball below free throw line extended.

“14 Option-Jody” Continued
5/4 back screen.

“14 Option-Jody” Continued
Option 1:
5 slips after setting backscreen for 4.
3-5 pass for layup.
14 Option (Jody)

14 Option (Jody) (1 of 3)

“14 Option-Jody”
Second number initiates at foul line.
(12 Option, 13 Option, 14 Option, etc.)
Stack Set
2 and 5 set up in the stack on the right block.
3 sets up on the left block.
4 sets up at the free throw line (14 Option).
I makes play look like 14 Jacksonville.
4 sets decoy screen for 3.
3 L-cuts to wing.
2 works flat lead to right corner.
1-3 wing entry.
Note:
3 needs to catch ball below freethrow line extended.

14 Option (Jody) (2 of 3)

“14 Option-Jody” Continued
5/4 back screen.

14 Option (Jody) (3 of 3)

“14 Option-Jody” Continued
Option 1:
5 slips after setting backscreen for 4.
3-5 pass for layup.
15 Fist (Slip)

15 Fist or Slip
1 initiates left to right.
2 and 3 stack right block.
4 starts at left block.
5 starts at foul line.
Option 1:
1-2 pass (Probably will have to throw pass over the top of the defense)

15 Fist Continued
Option 2:
1-3 pass for J.

15 Fist (Slip)
Option 3:
If 3 has no J or drive, 3-2 pass for J.
41 Iso Action vs Zone
- 4 screens the outside of the zone for 2.

Iso Action (1 of 3)
Bradley University - Zone Sets - vs Zone

Iso Action (2 of 3)
Bradley University - Zone Sets - vs Zone

Iso Action (3 of 3)
Bradley University - Zone Sets - vs Zone

 Iso Action vs Zone
1 dribble enters wing.
2 pressure crosses to top of key.

 Iso Action Continued
4/1 rushout.
1 refuses screen and drives baseline.
4/2 backscreen.

 Iso Action Continued
If 1 has no play:
1-2 pass for J.
Run out of a box set or horns set:

"5 Chest"/'High" (1 of 2)
Texas - Man Sets - Horns or Box Set

"5 Chest"/'High" (2 of 2)
Texas - Man Sets - Horns or Box Set

"5 Chest"/'High" Continued
1 dribble enters wing.
5/1 wing on ball.
2/5 backscren.

"5 Chest"/'High"
5/3 downscreen.
4/2 backscreen.
2 makes Iverson Cut.
1-3, 1-2 pass for J.
57 WU

57 WU (1 of 4)
Wichita State Shockers - Man Sets - 5 Series

Frame 1

57 WU
Jacksonville Set
2 and 3 can swing or work a lead to the wing.
54 downscreen and spinback to the elbows.

57 WU (2 of 4)
Wichita State Shockers - Man Sets - 5 Series

Frame 2

57 WU Continued
1-5 post entry,
4/1 backscreen.

57 WU (3 of 4)
Wichita State Shockers - Man Sets - 5 Series

Frame 3

57 WU Continued
Option 1:
5-1 on post up.
Option 2:
4/2 backscreen.
5-2 for J.

57 WU (4 of 4)
Wichita State Shockers - Man Sets - 5 Series

Frame 4

57 WU
Consider 4/2 dribble handback.
3 space to baseline.
1 clear.
"America 42" (1 of 2)
Bradley University - Transition Offense - Trail
Downscreen into Bounce

Frame 1

Trail Downscreen
1-3 wing entry.
1/3 blur screen.
4/2 long diagonal screen.

"America 42" (2 of 2)
Bradley University - Transition Offense - Trail
Downscreen into Bounce

Frame 2

Trail Downscreen into Bounce
If 2 is not open for J:
4/3 rushout.
1 cuts through.
5 rolls after screen.
Z Action with post.
(As 3 uses 4's screen, 5 replaces.)
2 spaces weak.
Boca: Another Quick Hit out the Horns Set
There are a lot of possibilities with this one. One possibility would be curl the 5 on the 4/5 backscreen that begins the play. Very hard to guard!!

**Boca (1 of 3)**
Misc. Sets - Man Sets - Dribble Weave Action with Bigs
1-5 post entry
5-1 handback.
4/5 backscreen.
2 spaces high.

**Boca (2 of 3)**
Misc. Sets - Man Sets - Dribble Weave Action with Bigs
Horns Set
Dribble Weave Action with Bigs Continued
1-4 pass.

**Boca (3 of 3)**
Misc. Sets - Man Sets - Dribble Weave Action with Bigs
Boca
Dribble Weave Action with Bigs
4-2 dribble handback.
4 rolls on 2’s dribble drive
5 spaces high (Z Action)
Boston Celtic BLOB Series:

**Boston Celtics (1 of 5)**
Wichita State Shockers - Miscellaneous -
LOB Series

**Boston Celtics (2 of 5)**
Wichita State Shockers - Miscellaneous -
LOB Series

**Boston Celtics (3 of 5)**
Wichita State Shockers - Miscellaneous -
LOB Series

**Boston Celtics (4 of 5)**
Wichita State Shockers - Miscellaneous -
LOB Series

**Boston Celtics (5 of 5)**
Wichita State Shockers - Miscellaneous -
LOB Series

**Notes:**
- Fist Middle: 4/5 Backscreen
- 2 tight cuts right across 4's back to the rim.
- Fist Middle Continued: 4/5 Backscreen
- 4 picks his right foot hard and makes hard, aggressive scoring cut.
- 1/4 pass for J.
This one is hard to guard, especially the dribble handback!
Box Dribble Hand-Off Flare:

**Box Dribble-Handoff/Flare**
(1 of 5)
Cleveland State University - Man Sets - Horns Series

**Box Dribble-Handoff/Flare**
(2 of 5)
Cleveland State University - Man Sets - Horns Series

**Box Dribble-Handoff/Flare**
(3 of 5)
Cleveland State University - Man Sets - Horns Series

**Box Dribble-Handoff/Flare**
(4 of 5)
Cleveland State University - Man Sets - Horns Series

**Box Dribble-Handoff/Flare**
(5 of 5)
Cleveland State University - Man Sets - Horns Series

Horns Series
5/1 high pick.

Horns Series
Box Dribble-Handoff/Flare
4/2 downscreen.
5-2 dribble handoff.

Horns Series
Box Dribble-Handoff/Flare
2-1 pass.
3/6 backscreen.

Horns Series
Box Dribble-Handoff/Flare
If 5 is not open on shuffle cut:
4/2 fade screen.

Horns Series
Box Dribble-Handoff/Flare
If 2 not open on flare:
4/3 downscreen.
1-3 pass for J.
Box Lob
Bradley ran as first play of game vs us at their place and got it! Had not seen them run it until then. Watched them get it vs Northern Iowa in our conference tournament as well. It is different!

Box Set
Lob for 23 (Roberts)
1-2 wing entry.
1 loads strong corner.

Lob for 23 (Roberts) Continued
3+5/4 stagger backscreen.
2-4 lob pass.
Box Lob
Bradley ran as first play of game vs us at their place and got it! Had not seen them run it until they then. Watched them get it vs Northern Iowa in our conference tournament as well. It is different!

Box Lob (1 of 2)
Bradley University - Man Sets

Box Set
Lob for 23 (Roberts)
1-2 wing entry.
1 loads strong corner.

Box Lob (2 of 2)
Bradley University - Man Sets

Lob for 23 (Roberts) Continued
3+5/4 stagger backscreen.
2-4 lob pass.
Here are a couple Box Set looks:

**Box Stagger (1 of 2)**
Evansville University - Man Sets

**Box Stagger (2 of 2)**
Evansville University - Man Sets

**Box Single/Stagger (1 of 3)**
Evansville University - Man Sets - Box Set

**Box Single/Stagger (2 of 3)**
Evansville University - Man Sets - Box Set

**Box Single/Stagger (3 of 3)**
Evansville University - Man Sets - Box Set

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**Box Stagger**
1-3 pinch post entry.
1+5/4 stagger downscreen.

**Box Stagger Continued**
3-4 handback for J.

**Box Set**
Single Stagger
4/2 downscreen.
1-2 pass.

**Single Stagger Continued**
4/3 cross screen.

**Single Stagger Continued**
1+5/4 stagger downscreen.
2-4 pass for J.
Note 4 will curl.
Bradley Late Game Quick Hit

**Pin Down for 5**
(Maniscalco) (1 of 3)
Bradley University - End Game Quick Hits - End Game

- End Game
- 5 flashes.
- 1-5 pass.
- 1 cuts to basket.

**Pin Down for 5**
(Maniscalco) (2 of 3)
Bradley University - End Game Quick Hits - End Game

- End Game Continued
- 5-3 pass.

**Pin Down for 5**
(Maniscalco) (3 of 3)
Bradley University - End Game Quick Hits - End Game

- End Game Continued
- 5/1 downscreen.
- 2/4 downscreen.
- 3-1 pass for J.
Buffalo Half Way to Pivot

Continuous Post D in the Low Post.
Coach has a ball ready to pass.
Manager or Extra player next to Coach to provide another ball when it gets knocked away.

Stand two post players next to each other in the low post or simulating in the low post. They are stationary.

On coaches command or whistle, X5 goes from high side to low side in the post according to your philosophy:
- Step Through in Front or Moon in front.
X5 goes the same direction until coach blows his whistle or yells change.
X5 now goes the other direction.
X5 must move as quickly as he can executing proper defensive post technique.
Coach makes baseline bounce passes and high hand passes X5 must deflect.
Butler End Game Quick Hit

**Butler End Game (1 of 3)**
Misc. Sets - Man Sets - Crunch Time Quick Hit
Frame 1

Butler End Game Isolation Quick Hit
Horns Set
2 works lead to weak seam or G spot.
2 uses 4 to brush his man.
1-2 seam entry.

**Butler End Game (2 of 3)**
Misc. Sets - Man Sets - Crunch Time Quick Hit
Frame 2

Butler End Game Isolation Quick Hit
Continued
Horns Set
5+4/1 stagger backscreen.
3 spaces up.
4 slips on switch.
Note:
If X1 gets caught up on 4 and 5’s screens, 1 can curl his cut.

**Butler End Game (3 of 3)**
Misc. Sets - Man Sets - Crunch Time Quick Hit
Frame 3

Butler End Game Isolation Quick Hit
Continued
Horns Set
On 1’s drive, teammates space to open areas.
Butler Fade: Go to Play

Butler Fade Action (1 of 2)
Misc. Sets - Man Sets - Go to Play

Frame 1

Butler Fade
2 V-cuts to get open on wing.
1-2 wing entry.
5/1 backscreen.
4/3 cross screen.

Butler Fade Action (2 of 2)
Misc. Sets - Man Sets - Go to Play

Frame 2

Butler Fade Continued
Option 1:
2-1 pass for J.
Option 2:
2-3 pass for post up/score.
Option 3:
2-1-4 pass on second pass direct.
“Carter” vs Zone
Simple zone quick hit.  5 will fade after screening middle of zone.  This is a counter to “Three on a Side” screening the top and bottom of zone and sending a shooter to the corner.

"Carter" (1 of 2)
Evansville University - Zone Sets - Over Action
Frame 1

"Carter" (2 of 2)
Evansville University - Zone Sets - Over Action
Frame 2

Over vs Zone
1 dribble enters left.
2 pops out.
1-2 pass.

Over vs Zone Continued
3 screens high part of zone.
5 screens middle of zone.
4 curls over the top of 5.
2-4 pass for score.
SHOCKER BASKETBALL

Circle 9-3’s/Step Over/U-ing:

Have you ever asked why your post players do not seal better? Have you ever asked why don’t our post players hold their seal? Have you ever asked why our posts do not initiate contact better in the post to gain an advantage? You are not alone!!

How do you teach the lunge step in the post to “kill the thigh” and “beat the defenders feet”?

This from Don Meyer’s and Mike Roll’s Big Man/Guard Camp. If you have trouble following this you can always buy Coach Meyer’s video on post play.

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Circle 9 to 3’s (1 of 4)
Wichita State Shockers - Drills - Post Drill

Frame 1

3 O’Clock
4 O’Clock

2 lunge steps to right
4 lunge steps to the right.
2 lunge steps back to 12 o’clock.

Circle 9 to 3’s (2 of 4)
Wichita State Shockers - Drills - Post Drill

Frame 2

BIGBALL
Heavy Ball
Regular Ball

Coach
3 O’Clock
4 O’Clock
6 O’Clock

Sealing 9-3 or u-ing Continued
Take two lunge steps to 9 o’clock and 4 lunge steps to 3 o’clock. Push and lunge step at the same time driving the knee above the hip and at the same time maintaining a seal or posting stance we call “Dynamic Duncan”.

Drive the knee above the hip on the lunge step. This will insure getting your leg over your defender’s leg.

When to React:
This action is called “circle 9 to 3’s” or “u-ing.”
When the footwork has been mastered, coach a defensive post can be added to simulate the defensive attempting to get around the offensive post player.

The next build up drill is the use of Heavy Balls, Big Balls, and Regular Balls to make the offensive post focus on keeping his hands high and wide and staying in his stance.

Post Warmup:
Start on the baseline.
V-cut to a posting stance or “Dynamic Duncan”.
Give a “Ball” Call
V-Cuts to halfcourt.
Be big 3 ways:
Show Hands up and out.
Feet outside your hips.
Knees bent, Hips down, Back straight, Butt down and out.
When player gets to half court, he simulates 9-3 or u-ing drill.
Coaches/Managers can pass Big Ball, Heavy Ball, or Regular Ball to keep player in a posting stance with Hand High while player is u-ing.

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S H O C K E R  B A S K E T B A L L
Clemson End Game Quick Hit
High 1-4 Set
Good, simple, action, hard to guard, and good rebounding balance.

Clemson End Game Quick Hit
High 1-4 Set
1 dribble enters wing.
4-3/5 staggered backscreen.
Option 1:
1-5 pass for score/postup.

Clemson End Game Quick Hit Continued
High 1-4 Set
If 5 is not open:
1-2 pass.
4/5 downscreen.
2-3 pass.

Clemson End Game Quick Hit Continued
High 1-4 Set
Option 2:
5-4/1 staggered backscreen.
3-1 pass for J.

Clemson End Game Quick Hit Continued
High 1-4 Set
Option 3:
5/2 fade screen.
3-2 pass for J.
Option 4:
3-5 pass on sliproll.
Cowboy/Power Action
Two Guard Front
Bradley ran this action against us.
Deuce Action vs Zone

Deuce Action (1 of 2)
Bradley University - Zone Sets - Misdirection

Frame 1

Comeback Action vs Zone
1-5 post entry.
4 screens in zone low.
3 screens in zone high.
2 cuts under zone.

Deuce Action (2 of 2)
Bradley University - Zone Sets - Misdirection

Frame 2

Comeback Action Continued
5-2 pass for J.
3 and 4 can slip after getting 2 open.
Drive Action

"Pound Fist" (1 of 3)
Bradley University - Man Sets - Drive Action
Frame 1

Drive Action for 3 (Brown)
1-5 post entry.
2 spaces strong corner.
4/3 downscreen.
1 clears weak.

"Pound Fist" (2 of 3)
Bradley University - Man Sets - Drive Action
Frame 2

Drive Action for 3 (Brown)
5-3 pass.
5/4 downscreen.

"Pound Fist" (3 of 3)
Bradley University - Man Sets - Drive Action
Frame 3

Drive Action Continued
3-4 pass.
4 drives.
2 in strong corner for kick if X2 helps.
Note:
Bradley runs this for 3 (Brown)
Evansville’s “Double” and counter vs man to man into pairs motion.

"Double" (1 of 3)
Evansville University - Man Sets - Stagger/Flair Action

"Double" (2 of 3)
Evansville University - Man Sets - Stagger/Flair Action

"Double" (3 of 3)
Evansville University - Man Sets - Stagger/Flair Action

"Double" Stagger Action
5+3/4 stagger screen.

"Double" Continued
EU always ends stagger with first screener
screening for second screener or in this
example, 5/3.
1 can hit 4 off stagger
OR
3 on flair.

"Double" Counter
EU shows 5+3/4 stagger,
4 starts cut and screens in X3.
5 screens X4
3 flairs.
SLOB
Georgia

“Georgia”
Jacksonville Set
If ball is above free throw line extended, 2 gets open ball side corner.
4/5 “decoy” down screen.
1-2 inbound pass.

“Georgia” Continued
3/4 back screen.
2-4 pass.
4 catches “fool out the door”.
5 makes rebound cut to weak block.
3 spins back to ball.

“Georgia”
Below FT Line
Jacksonville Set
Note:
2 works lead to top.
4/5 “decoy” down screen.

“Georgia” Continued
Below FT Line
3/4 back screen.
1-4 pass.
4 catches ball “fool out the door”.
5 makes rebound cut to weak side block.
Guard Post Z Action out of Bounce (Version of Dribble Drive) and Bounce 4

Guard-Post Z Action (1 of 3)
Bradley University - Man Sets - Out of Bounce
Frame 1

G-Post Z Action
1 dribble enters outer third.
2 clears weak corner.
5/4 downscreens.
4/1 rushout.

Guard-Post Z Action (2 of 3)
Bradley University - Man Sets - Out of Bounce
Frame 2

G-Post Z Action Continued
4/1 backscreen.
1 uses screen.
4 rolls.
5 replaces 4.
Option 1:
1 making a play.
Option 2:
1-4 on roll.

Guard-Post Z Action (3 of 3)
Bradley University - Man Sets - Out of Bounce
Frame 3

G-Post Z Action Continued
Option 3:
1-5-4 on second pass direct.
Hard Initial Contact

Teaches the offense to anticipate his sealing action in an attempt to "blow up" the defense, how to get open, how to stay open, how to safely receive the ball, and how to finish.

Teaches defense to anticipate "half way to pivot", getting around in the post, helping and recover, closeouts, contest and box out.

Coach stands at circle with ball.
Manager/Coach stands on each wing.
Offense starts on each block.
Defense starts in the "Dunk Zone" or mini-lane.
Drill begins when coach calls out name of offensive player.
If defense does a good job of taking away pass from top (Coach), he can second pass direct to wing.

Hard Initial Contact Continued
If X5 does a good job of getting high side of 4, 4 can second pass direct to manager.
If 4 is successful holding his seal, manager can feed 4 and both players are now live one on one.
If X5 does a good job of getting around 4 again, manager drives baseline.
X5 must help baseline.
Awesome quick hit! Great action! Has everything: Good spacing, G post up, a big sit in, a long diagonal screen, which are difficult to defend (at least for us), a slip opportunity, multiple perimeter J opportunities, and rebounding balance. Simple, but effective.
Horns Series
“Spartan”

Spartan (1 of 3)
Misc. Sets - Man Sets - Horns Series

Horns Series
“Spartan”
1-5 post entry.
1/4 downscreen.
Option 1:
4 makes hard, aggressive scoring cut.
5-4 pass for quick score.
1 pops back.
3 sprints to opposite block
2 spaces up towards the wing.

Spartan (2 of 3)
Misc. Sets - Man Sets - Horns Series

Horns Series
“Spartan” Continued
5-1 pass.
3+4+6/2 triple stagger.
Option 2:
1-2 pass for J.

Spartan (3 of 3)
Misc. Sets - Man Sets - Horns Series

Horns Series
“Spartan” Continued
Note:
Slips will be open if 2 is not.
3 spaces
4 and 5 slip
All are options.
"42"
Horns Set

42 (1 of 3)
Misc. Sets - Man Sets - Horns Set

Horns Set
4/2 floppy or long diag downscreen.
4 spins back.
1-4 pass.
Note:
2 does not screen for 3 until 1 clears 4, and
4 pivots to face the basket to read the
cutters coming off the screen.

42 (2 of 3)
Misc. Sets - Man Sets - Horns Set

Horns Set
"42" Continued
1 spaces over 4.
2/3 backscreen.
Option 1:
4-3 pass for score.

42 (3 of 3)
Misc. Sets - Man Sets - Horns Set

Horns Set
"42" Continued
Option 2:
5/2 downscreen.
4-2 pass for J.
Note:
Look for 5's slip.
Horns Set
Argentina

Argentina (1 of 3)
Misc. Sets - Man Sets - Horns Set

Horns Set
Argentina
Option 1:
4/1 high rub.
2/5 diag backscreen.
If 5 is open, 1-5 pass for score.

Argentina (2 of 3)
Misc. Sets - Man Sets - Horns Set

Horns Set
Argentina Continued
If 5 is not open:
2 screens and spaces to weak wing.
1-4-2 reverse of the ball.
3/5 backscreen.

Argentina (3 of 3)
Misc. Sets - Man Sets - Horns Set

Horns Set
Argentina Continued
Option 2:
2-5 pass for score.
Option 3:
4/0 downscreen.
2-3 pass for J.
Horns Set
Greece plus Miami Heat Variation

Horns Set
Greece
1 dribble enters wing.
4-5/2 stagger downscreen.
1-2 pass for isolation.

Horns Set
Greece Continued
5/2 flat back or Vandy Screen.
2 dives to make a play.
Floor is spread to isolate the defense.

Miami Heat Variation
1 dribble enters wing.
4/2 downscreen.
1-2 pass.

Miami Heat Variation Continued
5/2 flat back or Vandy Screen.
Floor spread for Dwayne Wade Iso.
Lob Clear Action
Horns Set

Lob Clear Action (1 of 4)
Misc. Sets - Man Sets - Horns Set

Horns Set
Lob Clear Action
4/2 fly or long flag downscreen.
1-2 pass.
3 clears strong corner.

Lob Clear Action (2 of 4)
Misc. Sets - Man Sets - Horns Set

Horns Set
Lob Clear Action Continued
Option 1:
5/1 backscreen.
2-1 pass for alley-oop.
If 1 is not open, he clears strong corner.

Lob Clear Action (3 of 4)
Misc. Sets - Man Sets - Horns Set

Horns Set
Lob Clear Action Continued
5/2 middle ball screen (mbs),
4 and 3 space up.
Option 2:
2 makes play
Option 3:
2-5 pass on 5's roll.

Lob Clear Action (4 of 4)
Misc. Sets - Man Sets - Horns Set

Horns Set
Lob Clear Action Continued
Handback Option:
2-5 pass,
5-2 handback,
2 makes a play.
Horns Set
Post Fade/Look Back
A Misdirection Play

**Post Fade/Look Back (1 of 3)**
- Misc. Sets - Man Sets - Horns Set

**Post Fade/Look Back (2 of 3)**
- Misc. Sets - Man Sets - Horns Set

**Post Fade/Look Back (3 of 3)**
- Misc. Sets - Man Sets - Horns Set

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Horns Set
Post Fade/Look Back
4/1 high rub,
5/4 backscreen.

Horns Set
Post Fade/Look Back Continued
5/1 SBS,
1 uses screen.
5 rolls.
2 spaces high from corner.

Horns Set
Post Fade/Look Back Continued
If 1 not open or 5 not open on roll:
1-2-5 on kick back pass.
Note:
5 needs to really hold his seal on kick back pass.
Valley Playbook Special
Iverson Cut to Iso Action to Clear

Iverson to Iso Action to Clear (1 of 5)
Bradley University - Man Sets - Stagger Downscreem

Iverson to Iso Action to Clear (2 of 5)
Bradley University - Man Sets - Stagger Downscreem

Iverson to Iso Action to Clear (3 of 5)
Bradley University - Man Sets - Stagger Downscreem

Iverson to Iso Action to Clear (4 of 5)
Bradley University - Man Sets - Stagger Downscreem

Iverson to Iso Action to Clear (5 of 5)
Bradley University - Man Sets - Stagger Downscreem

Iso Action
1 dribbles baseline
4 & 5 stagger downscreem.
If 1 has no play,
1-2 pass for J.

Iso Action
1 dribbles baseline.
4/5s screen for 2.
4/5 backscreem.
F1 has no play.
1-4 pass for J.

Iso for 3 (Brown)
5D Iverson
1-3 Pass.

Isolation for 3 (Brown)
3-4 pass.
4/5 backscreem.

Isolation for 3 (Brown)
3K or 3K/5K screen to free 3 (Brown).
“Flash” Action:
Simple “brush screen” to Create a Post Up Opportunity.
K-State got a lot of mileage out of this simple quick hit.
Utah used to run Keith Van Horn from the wing over the top of Michael Doleac to create the same action.
“Loop”
A post entry with multiple options.

Loop (1 of 6)
Loop (2 of 6)
Loop (3 of 6)
Loop (4 of 6)
Loop (5 of 6)
Loop (6 of 6)
Miami Ball Screen Action
Horns Set

Miami Ball Screen Action (1 of 4)
Misc. Sets - Man Sets - Horns Set

Miami Ball Screen Action (2 of 4)
Misc. Sets - Man Sets - Horns Set

Miami Ball Screen Action (3 of 4)
Misc. Sets - Man Sets - Horns Set

Miami Ball Screen Action (4 of 4)
Misc. Sets - Man Sets - Horns Set

5/4 cross screen,
2 sprints weak block.

5/4 Side Pick and Roll,
5 rolls,
4-1 pass.

5/4 stagger downscreen,
1-2 pass for J.

5/4 cross screen,
If 2 has no J:
3-5 pass for score
3-4 pass on spinback,
2 can make a play.
Evansville Motion Entry or Late Game:

**Havlicek Action (1 of 5)**
Evansville University - End Game Quick Hit - Entry into Motion or Late Game Quick Hit

**Havlicek Action (2 of 5)**
Evansville University - End Game Quick Hit - Entry into Motion or Late Game Quick Hit

**Havlicek Action (3 of 5)**
Evansville University - End Game Quick Hit - Entry into Motion or Late Game Quick Hit

**Havlicek Action (4 of 5)**
Evansville University - End Game Quick Hit - Entry into Motion or Late Game Quick Hit

**Havlicek Action (5 of 5)**
Evansville University - End Game Quick Hit - Entry into Motion or Late Game Quick Hit

Havlicek Action
30 seconds, option 1:
1-2 pass for J.

Havlicek Action Continued
30 seconds, option 2:
1-2 pass for J.

Havlicek "Late Game Set"
Consider wider spacing.
If you need a three, 4 must shape to beyond the arc.

Havlicek "Late Game Set"
Evansville uses with tighter spacing.
4/2/3 read screen.

Havlicek "Late Game Set"
If you don't need a three:
Consider 5x4 back screen and pop.
1-2, 4 passes all options.
Consider flipping 4 and 5 to 4 shapes to
an if you need a three.
A go-to-play for Nevada:
This play is especially good for Nevada, because their two best players are their 4 man, 6-9, 225, Luke Babbitt and point guard, 6-3, 195, Armon Johnson. Both players love to post up!
Offense vs the Box and 1
(John Brady ran this at LSU)
Oklahoma Action

Oklahoma Action (1 of 4)
Southern Illinois University - Man Sets - vs Man

1 dribble enters wing.
1-3 pass.
4+2/3 backscreen.

Oklahoma Action (2 of 4)
Southern Illinois University - Man Sets - vs Man

2/4 cross screen.
3-4 pass for score.

Oklahoma Action (3 of 4)
Southern Illinois University - Man Sets - vs Man

If 4 not open:
3-1 pass.
5/2 downscreen.
1-2 pass for J.

Oklahoma Action (4 of 4)
Southern Illinois University - Man Sets - vs Man

2/4 cross screen.
5/4 downscreen.
4 refuses 2's screen and uses 5's downscreen.
1-4 pass for J.
Note:
Usually for 45 (Fay)
Quick 3 Spur

**Quick 3 Spur (1 of 4)**

Quick 3 Spur
1 always gives 5 a look.
5 hunts the ball.
1-4-2 reverse of the ball.

**Quick 3 Spur (2 of 4)**

Quick 3 Spur Continued
Option 1:
1+4/3 stagger screen.
2 & 3 pass for J.
2 spaces into slack with 5.

**Quick 3 Spur (3 of 4)**

Quick 3 Spur Continued
2+5/1 double screen.
Option 2:
3-1 pass for J.

**Quick 3 Spur (4 of 4)**

Quick 3 Spur Continued
Option 3:
3-2 pass for J.
Note:
5 and 4 slip always.
Quick Iowa Slip

Quick Iowa Slip (1 of 3)
Transition Offense - Transition Offense

Frame 1

Quick Iowa Slip (2 of 3)
Transition Offense - Transition Offense

Frame 2

Quick Iowa Slip (3 of 3)
Transition Offense - Transition Offense

Frame 3

Quick Iowa Slip
1-4-3 reverse of ball.
1 loads weak corner.

Quick Iowa Slip Continued
4/2 wing on ball/slip.

Quick Iowa Slip Continued
5 sprints right behind 4's screen.
5/3 wing rushout on ball.
3 uses 5's rushout on ball.
3 tries to turn corner or drive and kick.
Shocker Shooting

- 110 2’s in 3 minutes
- 82 threes in 3 minutes
- Repeat if not successful

Shocker Shooting (1 of 2)
Drills - Shooting Drill

Frame 1

Shocker Shooting (2 of 2)
Drills - Shooting Drill

Frame 2

Shocker Shooting Continued
Both ends begin at the same time.
If the goal is not achieved, shoot again.

Shocker Shooting
110 makes in 3 minute
82 3’s in 3 minutes
Players line up at the elbows (4 Lines) for 2’s and seam or guard spots for 3’s.
Coaches/Managers under goal to count makes.
Players shoot, get their own rebound, pass to the next person in line, and then jog to the other end of the court same side.
Side Ball Screen Offense

1 dribble enters wing.
5/1 side ball screen (SBS)
1 uses 5's screen to make a play.
2 rolls.
2 clears weak corner.
If no scoring opportunity:
1-4 pass.

Side Ball Screen Offense Continued
4 dribbles at 3.
3 cuts backdoor.
4-2 spaces high.
4-2 pass.
5 flashes to weak seam or G spot.

Side Ball Screen Offense Continued
4/2 SBS.
4 rolls.
If 2 has no play:
2-6 pass to continue offense.
5 dribble at 1.
1 cuts backdoor.
3 spaces high.

Side Ball Screen Offense Continued
50 SBS.
5 rolls.
3 looks to make play.
4 sprints to weak seam or G spot.
Stay in screening action.
Siena Quick Hit: Horns Set

Siena (1 of 4)
Misc. Sets - Man Sets - Horns Set
Horns Set
1-4 post entry.
50 long diagonal downscreen.
1 sprints to strongside block.
2 spaces up to improve cutting angle.

Siena (2 of 4)
Misc. Sets - Man Sets - Horns Set
Horns Set
Option 1:
4-3 pass for J.

Siena (3 of 4)
Misc. Sets - Man Sets - Horns Set
Horns Set
If 3 not open:
4-3 dribble handback.
1+5 1/2 triple stagger.
4 does dribble handoff with 3, then sets third screen for 2
2 runs off triple screen from 1, 5, and 4.

Siena (4 of 4)
Misc. Sets - Man Sets - Horns Set
Horns Set
Option 2:
3-2 pass for J.
Note:
Look for slips.
Special or Box Split vs 1-3-1 Trapping or Zone Defense

Special (1 of 5)
Wichita State Shockers - Zone Motion - vs 1-3-1 Trap or Zone Defense That Plays Passing Lanes

Special (2 of 5)
Wichita State Shockers - Zone Motion - vs 1-3-1 Trap or Zone Defense That Plays Passing Lanes

Special (3 of 5)
Wichita State Shockers - Zone Motion - vs 1-3-1 Trap or Zone Defense That Plays Passing Lanes

Special (4 of 5)
Wichita State Shockers - Zone Motion - vs 1-3-1 Trap or Zone Defense That Plays Passing Lanes

Special (5 of 5)
Wichita State Shockers - Zone Motion - vs 1-3-1 Trap or Zone Defense That Plays Passing Lanes

Special vs 1-3-1 Zone or Trapping Defense Split Spots
Two Guard Front
5 man hunts ball mid-high to mid-high.
3 and 4 are on a string in three spots on floor:
"Out"
"In"
"Across"
Forward (3 and 4) Rules:
If ball is guarding away="In"
If ball is strong guard or on your side, forward is "out".
On pass to forward, weak forward cuts across lane.
His role is to go only as far as he has to go to receive the ball safely.
On pass from 3-1, 4 must cut across lane to block. He is now "In".
On guard to guard pass, strong forward (4) is "Out".
Weak forward (3) is "In".
5 hunts ball mid-high to mid-high.

Special Continued
On guard to forward pass (2-4), 3 cuts across lane and goes only as far as he has to receive the ball safely.
We will always have three outlets in this zone motion vs the 1-3-1.
Russell Action to Over Action vs Man

Russell Action to Over Action (1 of 3)
Misc. Sets - Man Sets - Double Stack Set

Frame 1:

Russell Action to Over Action vs Man
Stack Set
2 and 3 work leads to opposite wings.

Russell Action to Over Action (2 of 3)
Misc. Sets - Man Sets - Double Stack Set

Frame 2:

Russell Action to Over Action vs Man
Continued
Option 1:
5+4/2 stagger backscreen.
3-2 pass.
2 try to catch pass "foot out the door" for layup if possible.

Russell Action to Over Action (3 of 3)
Misc. Sets - Man Sets - Double Stack Set

Frame 3:

Russell Action to Over Action vs Man
Continued
Option 2:
3-4 pass for paint touch for post player.
Note:
Could also go 3-1-4 for score.
The Valley Playbook Special: Texas Action

Two different ways of getting into cross screen, down screen. Diagram 3 starts second entry.

Texas Action (1 of 5)
Evansville University - Man Sets - "52" or "53"

1. Dribble enters EU will verbal "52" or "53" to designate which wing, 2 man or 3 man, they want setting cross screen.
   Option 1: 1-4 pass for score.

Texas Action (2 of 5)
Evansville University - Man Sets - "52" or "53"

2. Texas Action Continued
   4 screens and steps out.
   2-4 pass.
   1/2 backscreen.
   2/5 cross screen.
   Option 2: 1-2 pass for J.

Texas Action (3 of 5)
Evansville University - Man Sets - "52" or "53"

3. Texas Action Continued
   1-4 pass.
   1 cuts to weak block.

Texas Action (4 of 5)
Evansville University - Man Sets - "52" or "53"

4. Texas Action Continued
   1/2 backscreen.
   1 screens and shapes.
   4-1 pass.

Texas Action (5 of 5)
Evansville University - Man Sets - "52" or "53"

5. Texas Action Continued
   2/5 cross screen.
   4/2 downscreen.
   1-5 or 1-2 pass for score.
Texas’ “Pound Chest”
Simple way to clear a side and isolate for a mobile 4

"Pound Chest" (1 of 2)
Texas - Man Sets - Drive Action

"Pound Chest" (2 of 2)
Texas - Man Sets - Drive Action

"Pound Chest"
1 dribble enters left.
3+5/2 stagger back screen.
1-4 pass.

"Pound Chest" Continued
4 drives right.
Triangle Motion
Pinch Post Option

Pinch Post Option (1 of 5)
USC-Upstate - Man Sets - Triangle Motion:
Guard Handback/High Pick

Triangle Motion
Pinch Post Entry
5-2 wing entry.
1 loads strong corner.

Frame 1

Pinch Post Option (2 of 5)
USC-Upstate - Man Sets - Triangle Motion:
Guard Handback/High Pick

Pinch Post Entry Continued
2-3 pass.
4 flashes to weak elbow.
3-4 pass.

Frame 2

Pinch Post Option (3 of 5)
USC-Upstate - Man Sets - Triangle Motion:
Guard Handback/High Pick

Pinch Post Entry Continued
3 cuts off 4.
4-3 handoff is option.
3/1 downscreen.
5/1 downscreen.
1 has option to make baseline cut off 5 or cut off 2's downscreen.

Frame 3

Pinch Post Option (4 of 5)
USC-Upstate - Man Sets - Triangle Motion:
Guard Handback/High Pick

Pinch Post Entry Continued
If 1 makes cut off 2, 2 cuts off 5.
4 dribbles at 1.
4-1 dribble handback.

Frame 4

Pinch Post Option (5 of 5)
USC-Upstate - Man Sets - Triangle Motion:
Guard Handback/High Pick

Pinch Post Entry Continued
If 3 can't feed 4.
4/5 high pick and roll or pop.
2/1 downscreen on the weakside.

Frame 5
Bradley uses this set to isolate one player in the post and the other on the wing. They give their two best players isolation opportunities:

**UCLA Action to Clear for 3 (Brown) (1 of 3)**

Bradley University - Man Sets - Low 1-4 Set

**Frame 1**

UCLA Action
Low 1-4 Set
5/3 backscreen.
1-3 pass.

**UCLA Action to Clear for 3 (Brown) (2 of 3)**

Bradley University - Man Sets - Low 1-4 Set

**Frame 2**

UCLA Action Continued
3-2 wing entry.
4/3 backscreen.
1 replaces 3.

**UCLA Action to Clear for 3 (Brown) (3 of 3)**

Bradley University - Man Sets - Low 1-4 Set

**Frame 3**

UCLA Action Continued
3 posting is option, but BU will also reverse ball to isolate 3 (Brown)
Note: Usually 23 (Robertson)
5/4 backscreen to take help away.
4 cuts away off 5 and is isolated on wing.
UCLA to Vandy Slip Action: Entry into Bradley’s dribble weave with rushouts motion.

UCLA to Vandy Slip (1 of 3)
Bradley University - Man Sets - vs Man

UCLA to Vandy Slip (2 of 3)
Bradley University - Man Sets - vs Man

UCLA to Vandy Slip (3 of 3)
Bradley University - Man Sets - vs Man

UCLA to Vandy Slip Action
1-2 wing entry.
5/1 backscreen.
1 makes cut and clears weak.

UCLA to Vandy Slip Action Continued
2-5-3 reverse of the ball.

UCLA to Vandy Slip Action Continued
5/3 screen and slip.
As you watch Northern Iowa tonight vs Michigan State, watch for a go-to play called “Squeeze” for 5 (Farokhmanesh). The 2/5 decoy screen helps set it up.

"Squeeze" (1 of 2)
University of Northern Iowa - Man Sets - vs Man
Frame 1

"Squeeze" (2 of 2)
University of Northern Iowa - Man Sets - vs Man
Frame 2

"Squeeze" Continued
3 dribble centers the ball.
2 holds fist up for decoy screen on 5.
2 sprints between 4 and 5.
4+5/2 close the gate double screen.
3-2 pass for J.

"Squeeze" 1-3 dribble handback.
Texas “Twirl + Thumbs Up”

"Twirl" + Thumbs Up (1 of 2)
Texas - Man Sets - Single with a high rush out

Frame 1

"Twirl" + Thumbs Up
Starts like Twirl.
4/3 backscreen.
5/1 rushout.
2 cuts over 4 and 5.

"Twirl" + Thumbs Up (2 of 2)
Texas - Man Sets - Single with a high rush out

Frame 2

"Twirl" + Thumbs Up Continued
Floor Spaced.
4 Out 1 In.
Veney Action out of stack or high 1-4 set:

Veney Action (1 of 4)
Newman University - Man Sats - High 1-4 Set
1-5 post entry, 2 cuts back-door, 4/1 fade screen.

Veney Action (2 of 4)
Newman University - Man Sats - High 1-4 Set
Veney Action Continued
5-1 pass for J.
2/5 backscreen.

Veney Action (3 of 4)
Newman University - Man Sats - High 1-4 Set
Veney Action Continued
Option 1: 1-5 pass for layup.
Option 2: 4/2 downscreen.
1-3 pass for J.

Veney Action (4 of 4)
Newman University - Man Sats - High 1-4 Set
Veney Action Continued
If 5 and 2 have no shot:
4/3 downscreen.
2/3 pass for J.
Wheel II
Stagger Stagger Action

Wheel (1 of 2)
Misc. Sets - Man Sets - Stagger Stagger Action
Out of Horns Set

Wheel (2 of 2)
Misc. Sets - Man Sets - Stagger Stagger Action
Out of Horns Set

Wheel
Stagger Stagger Action
1 dribble enters wing.
5+4/3 stagger downscreen.
2 posts up.

Wheel Continued
Stagger Stagger Action
4+5/2 stagger backscreen.
1-3-2 pass for J.
Note:
Look for 4 and 5 on slips.
Z Action
Horns Set

Z Action (1 of 3)
Misc. Sets - Man Sets - Horns Set

Frame 1

Z Action (2 of 3)
Misc. Sets - Man Sets - Horns Set

Frame 2

Z Action (3 of 3)
Misc. Sets - Man Sets - Horns Set

Frame 2

Z Action
Horns Set
5/3 long diagonal downscreens.
3 makes Iverson Cut to strong seam or G spot.
1-3 pass for J.
4 fakes the weakside pindown.

Z Action Continued
4/3 on ball screen.
3 uses screen.
4 rolls.

Z Action Continued
5 replaces 4 (Z Action).
Option 2:
3 making a play.
Option 3:
3-4 pass on roll.
Option 4:
3-5 pass or 3-2 pass for second pass direct to 4.
Note:
If 5 is a shooter, he is an option as well.
Zone Concepts

1. Recognize the zone
   • 2-3
   • 3-2
   • 1-3-1
   • Match-up
   • Box-1

2. Poise, Patience, Pay Off
   • Poise under Pressure (PUP)
   • Let the defense settle before moving the ball too quickly
   • Finish through fouls/hit open J’s

3. Inside-Outside Theory
   • Establish offense in the mini-lane/post first
   • Must give big men touches even if it is to reverse/fan the ball

4. Passing
   • Chest Pass
   • Bounce Pass
   • Skip Pass
   • Ally-oop Pass

5. Spacing
   • 15’ spacing
   • Triple Threat Always
   • Penetrate

6. Shooting
   • Simulate in practice
   • Game shots

7. Dribbling
   • Dribble and Draw
   • Dribble Penetrate

8. Screening the interior
   • Jump stop
   • Wide base
   • Screen in and screen out

9. Triangles
   • 3 vs 2
   • 2 vs 1

10. Attack from the rear
    • Surprise element
    • High hands and big targets

11. Timing
    • Cuts to passes
    • In sync

12. Rebounding
    • Anticipation
    • Zones/areas
    • Backside