The Buzz Defense
Mike Divilibus – UWGB

- We guard passing lanes first. Not people.
- Force Lobs. Straight line passes will kill this defense.
- Not a bump 2-3 zone. It must be played Kamakosie.

Positioning

A. X1 is your point guard
B. X2 should be tall and athletic
C. X5 stays between ball and basket. Does not have to be big but must be smart and tough.
D. X3 needs to be your best athlete
E. X5 needs to front anyone on the FT line to the 3 point line.
F. X4 & X3 will play ½ way between wing and block. Have butt to the corner. Must move to intercept passes.
G. You go to your home base based on the position of the ball.
H. Any ball that reaches the 3 pt. line needs to be trapped.
Ball On Top

A. If the point guard attacks, X1 and X2 will trap. X3 & X4 be ready to intercept.
B. If the High post is a dork, do not front them.
C. Do not let them beat you the same way twice.
D. If the high post is a stud, you could play behind and when they catch, trap with X2, X1 and X5.

Ball On The Wing

A. X4 take away the lob. One step in the paint.
B. X5 front the post
C. X3 Force lob to corner.
D. X1 Force lob to top.
E. X1 and X3 be ready to trap but stay in passing lane.
G. If known body is at your home base, stay there. Someone is coming.
F. This defense needs to be played wide, not tall.

A. X1 must hedge the high post on the high side. Do not get pinned low side. Almost take a box out position on the high post.
B. On pass from wing to top, X1 must get to the passing lane first.
C. The second pass thrown on a straight line will kill you. You can’t recover to the man, recover to the passing lane.
D. Read the shoulders of the passer.
E. Never let the ball into the high post if possible.
F. X1 can look for steals on pass back to the top.

**Ball In The Corner**

A. X5 and X3 Trap the short corner
B. X4 ¾ low on the post
C. X1 Sink to weak block. X2 go to elbow area. These two need to zone up and stay spaced.
D. Do not deny pass back to wing. X2 should play Cat & Mouse and steal that pass.
E. You have to guard the passing lane off the dribble.
F. On skip, X4 needs to guard BL drive first then the ball.

A. Team s will try to beat you with this pass.
B. X5 go over the top to your home base.

**Two Guard Front Attack**

A. X1 will force the ball to the outside but do not let them dribble right at the elbow. X5 will have to help up the they will be able to pass down the post.
B. When in doubt, funnel the ball to X5
C. If they get by X1 on top and cross over to the middle, trap with X2.
D. All must sink on dribble penetration to the middle.
All Sink on Dribble Penetration to Middle

A. X3 and X4 will never go up past the FT line extended unless they smell a steal.
B. When the ball is high and wide, funnel it down the sideline.

- 7 players on offense vs 5 defenders was not a good drill. Did not teach anticipation.
- Must have a Kamikaze, Attack mentality
- If they try to lob the ball from top to block, X3 and X4 must tip this away. X5 will sink.
- What you do not confront, you accept.

Short Corner Attack

A. X4 must force the lob to the short corner. No straight line passes.
* Rebounding – Get both guards to the backside. 70% of shots are missed long.
* This defense will give up some lay-ups

High/Low Overload Attack